

Steps to understand and sing Raagas

Raaga

1. Shruthi (Seven Swaras in Teentaal – 16,8,4,2,1 beats Practice)
2. Aroha and Avaroha – Swara ,Akaar (3 Raagas)
3. Pakkad
4. Aalaap 4 lines – Should be in Mandra, Madhya and Taara saptak.
5. Taal based alankaras in particular raag.
6. Swarageete
7. Lakshanageete
8. **Bandish** (130 bpm)
 1. Shruthi, aroh, avaroh, pakkad, aalap
 2. Sthayi
 3. Taalabaddha aalap -3 (Akaar -Mandra, Madhya & Taara saptak)
 4. Antara
 5. Taalabaddha aalap -2 (Akaar -Mandra, Madhya & Taara saptak)
 6. Sing Bandish completely after antara.
 7. **Taans** (150 bpm) – Both Sthayi and Antara
Ex: Teen Taal
 1. Half avarta taan
 1. 1 Matra 1 Swara (Min – 4)
 2. 1 Matra 2 Swaras (Min – 2)
 2. Full avarta taan
 1. 1 Matra 2 Swaras (Min – 2)